

主题意义引领下的 单元词汇复习 (B1U2&U3)



Learning objectives

By the end of this class, you are expected to:

1. master the core meanings, collocation and usage of the vocabulary concerning interpersonal relationship;
2. apply the vocabulary to describe problems, feelings and solutions;
3. use the related vocabulary to complete a suggestion letter;
4. adopt a positive attitude towards real-life relationship with your parents and friends.

Cynthia, the host of a radio program called *Teen Time*.



Brainstorming

interpersonal
relationship
(人际关系)
(人际关系)

Problems

academic
pressure
(学业压力)
(学业压力)

.....

psychological and
emotional issues
(心理与情绪问题)
(心理与情绪问题)

Internet
addiction
(网络成瘾)
(网络成瘾)

Problem: parent-child relationship

Dear Cynthia,

I'm Jack, who has been struggling. I really need your help.

My parents and I argue frequently about things like study plans and free time. Every small disagreement soon turns into a fierce argument, filling our home with heavy tension. I often feel stressed and overwhelmed by endless stress from these conflicts, and anxiety takes over me. My parents' excessive concern sometimes feels like pressure rather than care. I've been struggling to balance my own needs and their expectations, and I'm even afraid of having a mental breakdown if this situation continues.

I really hope you can give me practical advice to ease the stress and improve my relationship with my parents. Thank you so much for your help.

Yours,
Jack

Words Sorting

Problems

a rgue with ...

s truggle to ...

Feelings

tension; anxious;
overwhelmed by stress;
anger takes over me;
excessive concern;
pressure rather than care;
afraid of a mental breakdown



Language Bank

Description	Words & expressions
Problems	argue with... struggle to do... ignore misunderstand
Feelings	tension anxious overwhelmed by stress anger takes over me excessive concern pressure rather than care; mental breakdown awkward horrible suffer



Part-of-Speech

Conversion

1. argue → n. argument
2. ignore → n. ignorance → adj. ignorant
3. suffer → n. suffering
4. misunderstand → n. misunderstanding → pt./pp. misunderstood
5. tension → adj. tense
6. stress → adj. stressed / stressful
7. anger → adj. angry → adv. angrily
8. concern → adj. concerned
9. anxious → n. anxiety
10. horrible → adv. horribly



Practice

语境填词

**anxious, anxiety, anxiously,
be anxious for, be anxious to do, be anxious about**

1. Jack **is anxious about** the quarrels between him and his parents, and he **is anxious to** bridge the gap. He **is** also **anxious for** mutual understanding, as constant silence fills him with great **anxiety**. Every night, he waits **anxiously** for a chance to communicate sincerely with his family.

be anxious/eager/desperate/longing/dying for sth/to do sth 渴望

be anxious/worried/concerned about sth

be anxious for sb 担心

Practice

慧眼寻踪

Can you figure out the usage of “concern” in the following passage.

2. Jack's recent bad temper **is** closely **concerned with** the lack of communication in his family, which **makes** his parents deeply **concerned about** him. They decide to have a discussion **concerning** how to improve daily interaction.

be concerned with = be related to = be connected with
与...有关 /associated

be concerned about = be worried about 对...关切；为...担忧

concerning = about = regarding prep. 关于



practice

语法填空

3. The frequent argument (argue) made the parent-child relationship extremely tense (tension); Jack felt misunderstood (misunderstand) and lived a horribly stressful (stress) life.

4. Ignorant (ignore) of his parents' hidden suffering (suffer), Jack often spoke angrily (angry) to them without hesitation.





Suggestion Letter

Appreciate the structure & expressions

Dear Jack,

Hearing that you're **show understanding and writing purpose** suggestions to help you improve the relationship.

First, when you argue, try to calm down right away instead of shouting—taking a deep breath and avoid saying hurtful things. **linking words** Second, think things through before and try to see things from their point of view. Their strict

**what's more; besides;
in addition (to); furthermore;
last but not the least...**

give specific and practical suggestions blame and make an eye- for-eye approach communicating patiently—it will smooth things up and believe things will get better. **Finally,**

learn to get over small disagreements quickly, as family love is more important than winning arguments.

Hope these suggestions help you fix things **express wishes**

Yours sincerely,
Cynthia



Suggestion Letter



Appreciate good expressions

Dear Jack,

Hearing that you're stuck in trouble with your parents. Here are some practical suggestions to help you improve the relationship.

First, when you argue, try to calm down right away instead of shouting—taking a deep breath helps you avoid saying hurtful things. Second, think things through before talking to them, and try to see things from their point of view. Their strict rules often come from care, not blame. You don't need to back down on everything, but being flexible can make talks easier. If you can't see eye to eye with them on study plans at first, keep communicating patiently—it will smooth out misunderstandings slowly. Cheer up and believe things will get better. Finally, learn to get over small disagreements quickly, as family love is more important than winning arguments.

Hope these suggestions help you fix things with your parents soon.

Yours sincerely,
Cynthia



Suggestion Letter



Appreciate good expressions

Dear Jack,

Hearing that you're stuck in trouble with your parents. Here are some practical suggestions to help you improve the relationship.

First, when you argue, try to **calm down** right away instead of shouting—taking a deep breath helps you avoid saying hurtful things. Second, **think** things **through** before talking to them, and try to see things **from their point of view**. Their strict rules often come from care, not blame. You don't need to **back down** on everything, but being flexible can make talks easier. If you can't **see eye to eye** **with** them on study plans at first, keep communicating patiently—it will **smooth out** misunderstandings slowly. **Cheer up** and believe things will get better. Finally, learn to **get over** small disagreements quickly, as family love is more important than winning arguments.

Hope these suggestions help you fix things with your parents soon.

Yours sincerely,
Cynthia

paraphrase(释义)

Meaning — Word Matching (词义匹配)

calm down

think sth through

from one's point of view

back down

cheer up

see eye to eye with sb on sth

smooth out

get over

give in

relax

give full consideration to sth

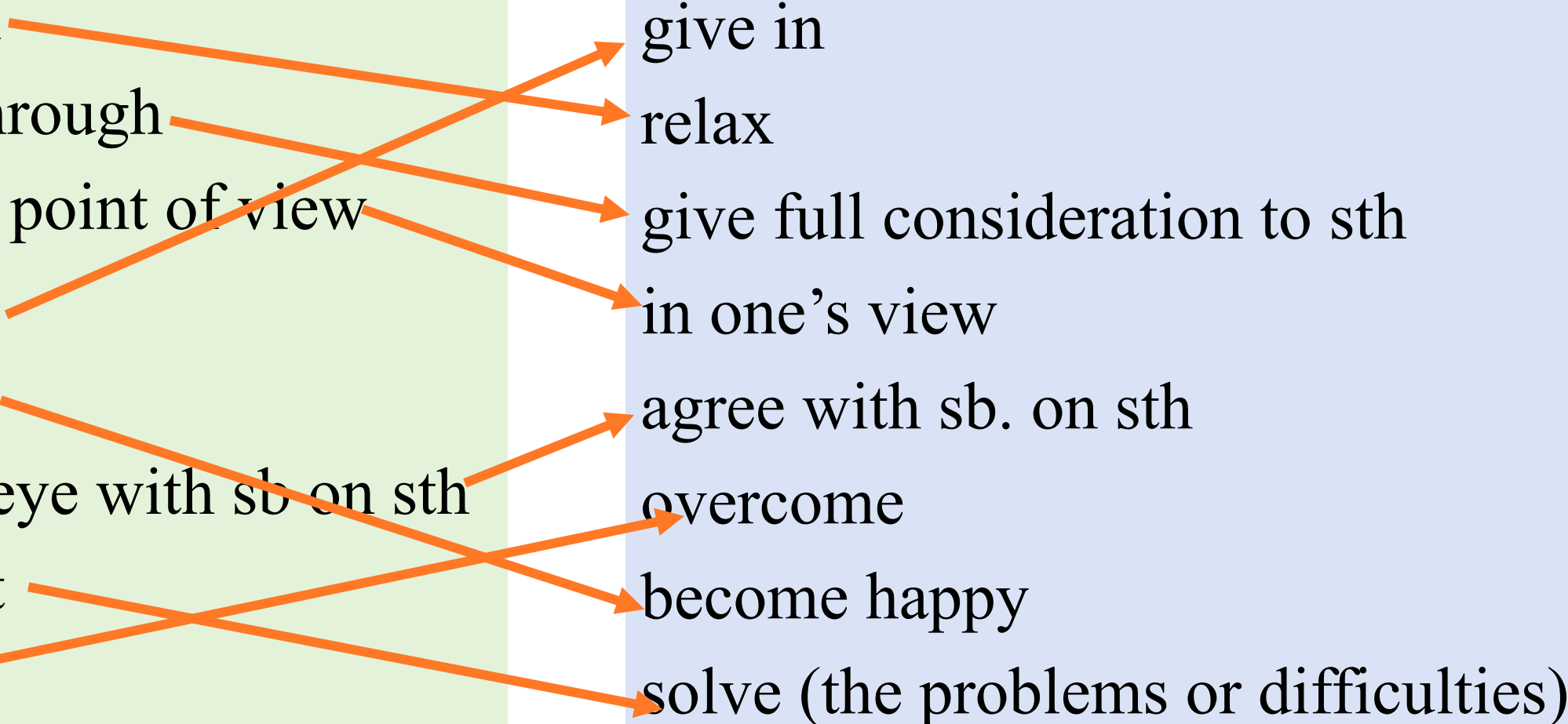
in one's view

agree with sb. on sth

overcome

become happy

solve (the problems or difficulties)



Practice

Complete the sentence translation

1. 你应该为争吵时说的伤人的话向朋友道歉。 (apologize/apology)

You should apologize to/ our friends for the cruel words during the argument. **make an apology to**

2. 你需要冷静反思矛盾，试着从他人的角度来思考问题。 (reflect)

You need to reflect on the conflict calmly and try to think from others' point of view.

3. 若想化解矛盾，你可以多陪伴他并安慰他受伤的情绪。

(accompany/company)

To resolve the conflict, you can accompany him/ more and comfort his hurt feelings. **keep him company**

Language Bank

Description	Words & expressions
Problems	argue with... struggle to do... ignore misunderstand
Feelings	tension anxious overwhelmed by stress anger takes over me excessive concern pressure rather than care; mental breakdown awkward horrible suffer
Suggestions	back down calm down get over smooth out think sth through cheer up from one's point of view see eye to eye with sb on sth apologize/make an apology to sb for sth reflect on accompany sb/keep sb company comfort sb



I'm busy replying to teenagers' letters, can you give me a hand and write a **suggestion letter**?

Problems? Feelings? Suggestions?

Dear Cynthia

I'm writing to ask for help because I'm stuck in a tough friendship problem and don't know how to solve it.

A few days ago, I argued with my best friend over our group project arrangement. She insisted on using her plan without listening to my ideas, while I felt my suggestions were more practical to finish the task on time. We both said cruel words to each other in anger. Since then, she has been ignoring me completely: she refuses to sit next to me in class, and even avoids group activities with me. I feel really awkward every time we meet at school, and I'm extremely anxious that our years of friendship will end forever. I think there must be some misunderstanding between us—neither of us meant to hurt each other. I even suffer from sleepless nights, constantly worrying that I'll lose such an important friend. I truly value our friendship and don't want to let a small project ruin it, so I hope you can give me some practical advice to fix our relationship.

Looking forward to your reply.

Yours,
Simon

You can give your suggestions with the following sentence structures:

- ▲ Firstly, You'd better ...
- ▲ It's recommended to...
- ▲ It might be helpful to ...
- ▲ Why not/Why don't you ...?
- ▲ It's wise to...
- ▲ You might as well ...





Write a Suggestion Letter

Structure

Dear Simon,

I'm sorry to hear you had an argument with your friend and feel upset. Here are some useful suggestions to help you fix your friendship.

Content

1. Give specific and practical suggestions;
2. Use the expressions we reviewed today as many as you can;
3. Use linking words.

Language

True friendship needs care and understanding. I hope you can solve the problem quickly and get along well again.

Yours,
Cynthia



Checking your writing

Punctuation

Spelling

Grammar

Choice of words

Structure

Handwriting

Peer-review

- ◆ Does your partner's writing meet the requirements?
- ◆ Does he use the words & phrases we have reviewed today?
What are they?
- ◆ Are there proper linking words?
- ◆ How can you improve his/her writing?



Showtime





Everyone's advice to Simon is excellent!

魔法有言·AI生成



Dear Simon,

I'm sorry to hear you had an argument with your friend and feel upset. Here are some useful suggestions to help you fix your friendship.

First, try to calm down and stop feeling anxious, for being angry can't fix anything. **Instead**, take some time to reflect on the project argument. You insisted on your plan because you thought it was practical, but you should also see things from her point of view, as she might have felt her plan was better too. **Besides**, you don't have to see eye to eye with her on every detail. If you said cruel words that hurt her, it's wise to apologize sincerely, since it doesn't mean you're wrong but shows you value the friendship. **What's more**, after talking, you can spend more time with her, and your company will comfort her and help you two get close again soon.

True friendship needs care and understanding. I hope you can solve the problem quickly and get along well again.

Yours,
Cynthia

self-assessment

After this class,

1. I have mastered most of the key vocabulary concerning interpersonal relationships;
2. I can use these words and phrases to express my opinions about parent-child bonds and peer relationships;
3. I will remember to calm down, think things through when I have conflicts with my parents or my classmates.



Homework



1 Compulsory(必做):

1. Review the vocabulary we have covered today.
2. Polish up your writing according to others' feedback.

2 Optional (选做) :

Write a 80-100 word paragraph on “**How to build a harmonious relationship with classmates**”, using at least 8 core words/phrases covered in this class.



Thank
you!