



Unit 3

Extended reading

Smartphone: a smart choice?

Lead-in

What is the boy doing?



Lead-in



What does the smartphone do to him?



He is c ontrolled by his smartphone.



Fast-reading

What's the main idea of the passage?

A. Alan's opinion on using smartphone.

B. Using smartphone is a smart choice.

C. People should cut back on the amount of time spent on smartphone.



Alan's experience of living without his smartphone for a week.



Fast-reading

Part 1: Paras. 1~2

Life beyond smartphones is richer and more beautiful.

Part 2: Paras. 3~5

I was a smartphone addict and I wanted to make a change.

Part 3: Para. 6

What happened during the week without my smartphone?



Read Paras. 1~2 and choose the best answer.

1. What does the phrase “a smartphone addict” mean in the first paragraph?

A. A person who is unable to stop taking harmful drugs

 B. A person who spends a lot of free time on playing smartphone.

C. A person who is interested in developing smartphone.



Before he stopped using his smartphone

2. What was Alan's life like? Make a list of the facts.

A smartphone addict

Fact 1

My eyes were glued to the little screen all the time.

Fact 2

The first thing I did when I woke up in the morning was reach for it.

Fact 3

I always asked for Wi-Fi connections when I went to a new restaurant or coffee shop.

Fact 4

A dead battery would make me feel stressed.

3. Faced with his addiction to the smartphone, what feeling did Alan have?

He had the uncomfortable feeling that his smartphone had taken up too much of his time, and that he could have done something more meaningful than just looking at a tiny screen all day.

stressed
uncomfortable
a sense of emptiness



4. What makes the writer decide to **make a change**?

- 😄 That he was nearly knocked over by a car.
- B. That he was too busy to play smartphone.
- C. That his smartphone was broken.

turning point



knock me off my feet



shoot past



Careful-reading



Read Paras. 3-5 carefully and do the following exercises.

1. Fill in the table according to Para.3.

After he stopped using his smartphone.

Para.3 The first day was the **hardest**.



I didn't know what to do with myself.

feel **lost**



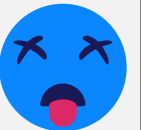
I kept reaching for my pocket, for my smartphone that was not there.

feel **anxious**



The empty hours stretched out in front of me.

feel **disconnected**



2.What did Alan do without the smartphone and how did he feel in Para.4?

It was scary at first. Then somehow Alan began to feel...

Action description

- pick up the classic novel
- keep a journal
- go out for a run
- appreciate the beauty in life with his own eyes

Psychological description

- free
- alive 😊



3. What does **Para. 4** convey to us?

- A. Quitting the smartphone is terrifying.
- B. The author preferred to read the classic novel.
- 😄 The author's life changed a lot after he made a change.
- D. The beauty of life can be seen everywhere.



4. What did Alan do without the smartphone and how did he feel in Para. 5?

What did he do?

✓ with a friend

- go for a long walk
- have a wide-ranging conversation
- enjoy each other's company



✓ with parents

- go to the opera
- play badminton
- visit museums
- laugh about old times
- bring them up to date with what was going on in his life.

How did he feel?



6. Summarize Alan's change of feelings during the week.





Careful-reading

Read **Para. 6** carefully



1. What was the result of Alan's quitting the smartphone?

1. Alan almost did not want to turn his phone back on...

2. Real life and real relationship are more important to me now;

3. He feels life beyond smartphone is richer and more beautiful.

Fill in the blanks and analyze the structure of the passage.

Introduction

Paras.1 &2:

I was addicted to my smartphone and wanted to make a change



Main body

Paras. 3 & 5:

The process of getting rid of my smartphone



Alan

Conclusion

Paras.6: Life beyond smartphones is richer and more beautiful.

hardest and disconnected

feel free and appreciate the beauty.

relationships benefited

Further Reading

1. Where is this text probably taken from?

A. A research paper.

B. A guide book.

C. A travel journal.



A website.

2. What type of writing is the text?



Narrative writing.

B. Argumentative writing.

C. Expository writing.

D. Practical writing.

Critical thinking

How do you understand the title of this blog post
“**Smart**phone: a **smart** choice?”

If we control smartphone, it can be a **smart** choice.

If we are controlled by smartphone, it can't be a **smart** choice.

