



# 第一招 补全“首、中、尾”， 快解阅读七选五

命题解读	专家解惑
<p>2022年全国乙卷和2022年全国甲卷阅读七选五都是说明文，对段首、段中、段尾句均有考查；主题语境以“人与社会”这一主题语境为主。</p>	<p>高考阅读七选五对标题句的考查较少，但是2022年全国乙卷考查了一个小标题。对细节句的考查侧重上下文的衔接，考生做题时，一看结构(设空位置)；二析逻辑；三找词语(词汇复现)。</p>

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# 方法技巧



## 名师指要——微技法巧图解

### 高考热考法1 段首设空题——段首主题句、段落小标题

[经典感悟]

**【例1】** (2022·新高考全国卷Ⅱ) Writing an essay is a difficult process for most people. However, the process can be made easier if you learn to practice three simple techniques.

36. D. First of all, learn the technique of nonstop writing. When you are first trying to think of ideas for an essay, put your pen to your paper and write nonstop for ten or fifteen minutes without letting your pen leave the paper. Stay loose and free. 37. Let your pen follow the waves of thought. Don't worry about grammar or spelling. Even though this technique won't work for everyone, it helps many people get a good store of ideas to draw on.

- A. Make sure your handwriting is neat.
- B. Let your pen follow the waves of thought.
- C. The second draft of the essay should be better.
- D. First of all, learn the technique of nonstop writing.
- E. Too many writers try to get their drafts right the first time.
- F. Many beginning writers don't leave enough space to revise.
- G. Then you can print out a fresh draft, again setting your text on triple-space.

**解析：**分析文章结构可知，空格处是本段的主题句。根据空后的“‘When you are first...write nonstop for ten or fifteen minutes without letting your pen leave the paper.’”可知，本段主要讲的是要学会不间断地写。

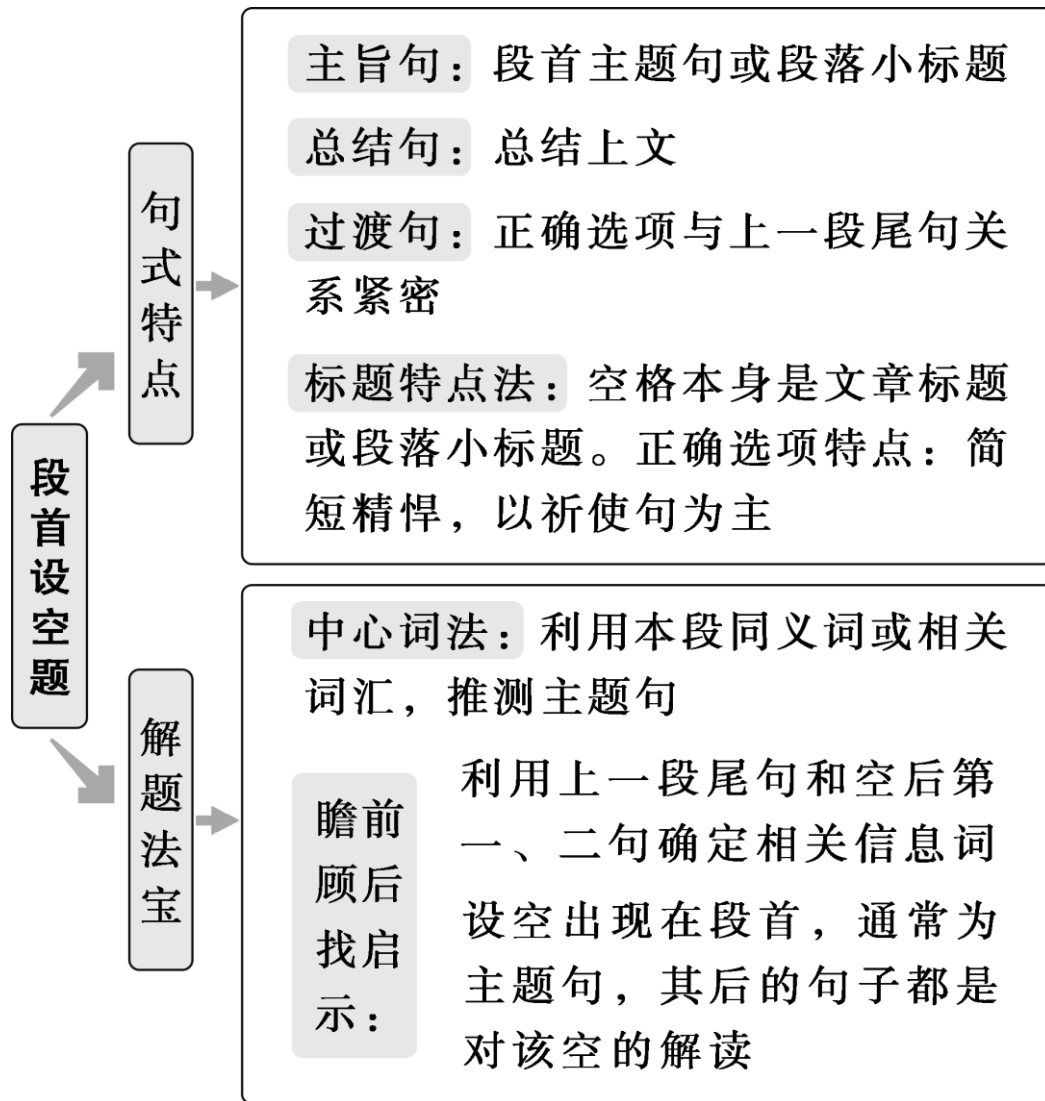


## [答题微点]

设空在段首，如果设空处恰好处于段落主旨句的位置，则该处应为段落主旨句，然后根据本段内容做出选择。

若是针对段落小标题设空，其呈现形式应和其他小标题相同，因此，考生在做题时，需观察其他段落小标题的句式结构，根据结构相同的原则，缩小范围，选择短小精悍、多为名词词组、动词-ing形式短语或祈使句作为小标题。

## [图解技巧]



## 高考热考法2 段中设空题

[经典感悟]

【例2】(2022·新高考全国卷Ⅱ)The next technique is to write your draft rapidly without worrying about being perfect. 38. E. Too many writers try to get their drafts right the first time. Yet, by learning to live with imperfection, you will save yourself headaches and a wastepaper basket full of crumpled (弄皱) paper. Think of your first draft as a path cut out of the jungle—as part of an exploration, not as a complete highway.

- A. Make sure your handwriting is neat.
- B. Let your pen follow the waves of thought.
- C. The second draft of the essay should be better.
- D. First of all, learn the technique of nonstop writing.
- E. Too many writers try to get their drafts right the first time.
- F. Many beginning writers don't leave enough space to revise.
- G. Then you can print out a fresh draft, again setting your text on triple-space.

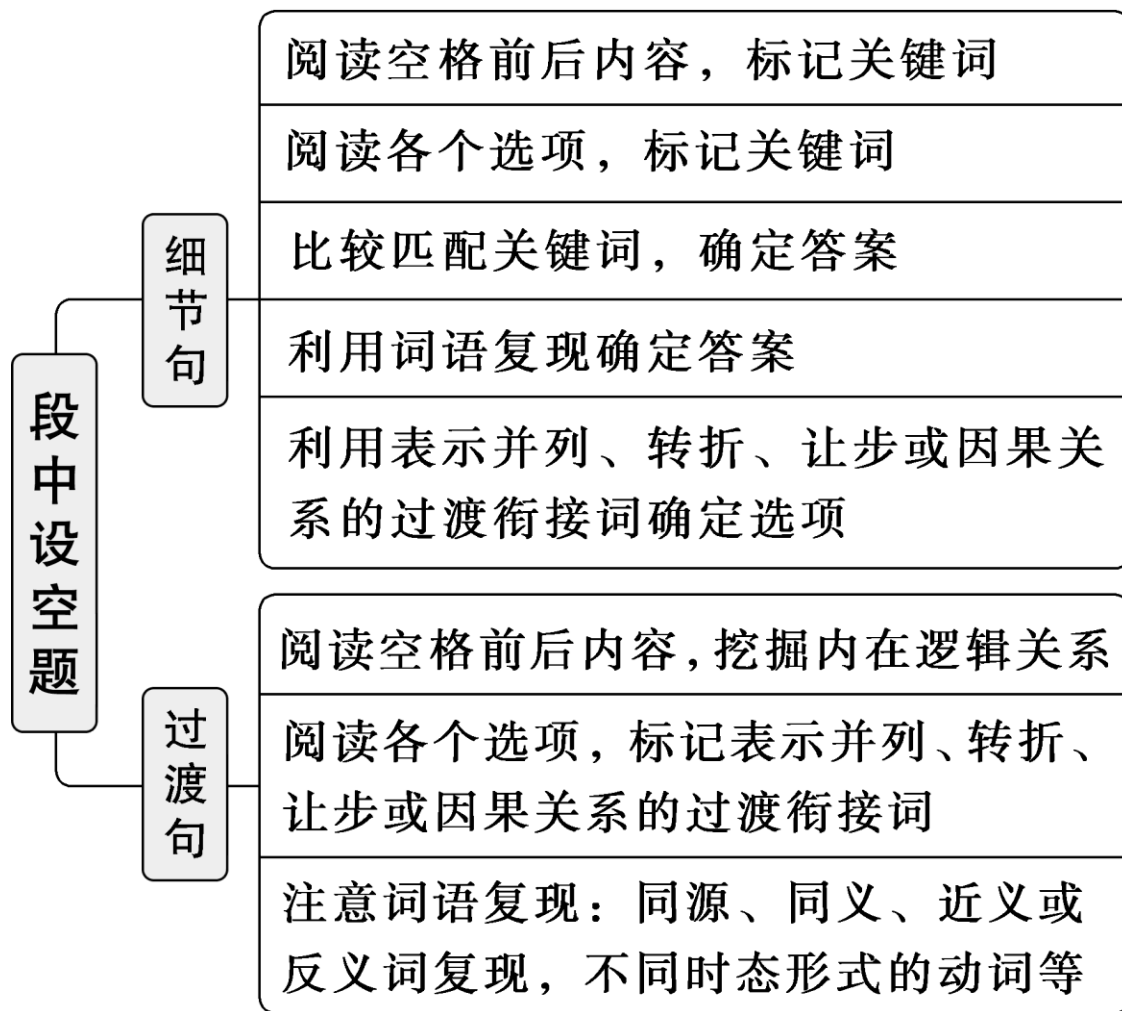
**解析：**根据空格后的转折词Yet可知，空格处应该与下文 “by learning to live with imperfection”形成转折。

## [答题微点]

段中设空属于对主题句的展开。考生应尤其注意分析空格前后的逻辑关系及内容的连贯性，注意各句间的衔接。段中设空的特点主要是以转折手法引出主题句，或者是用来承上启下的过渡句，也可能是补充前文的具体事实、事例和说明。

解答此类试题时考生首先应确定所缺的句子是细节句还是过渡句，对于这两类句子，应采用不同的方法来解题。

## [图解技巧]



## 高考热考法3 段尾设空题

[经典感悟]

【例3】(2022·浙江卷1月)I have the same 24 hours in a day as you do, but I have made specific choices that allow me to make the most of every day, and still feel happy and relaxed. 31. F. Perhaps these tips will help you make the most of your time.

- Pick the most important.



32. Make choices about what is meaningful in your life. Focus on spending time that for you is fun and productive. I chose the life of an adviser because I like to work with companies, but don't want the life of a big company CEO. My choices are based on the lifestyle I want.

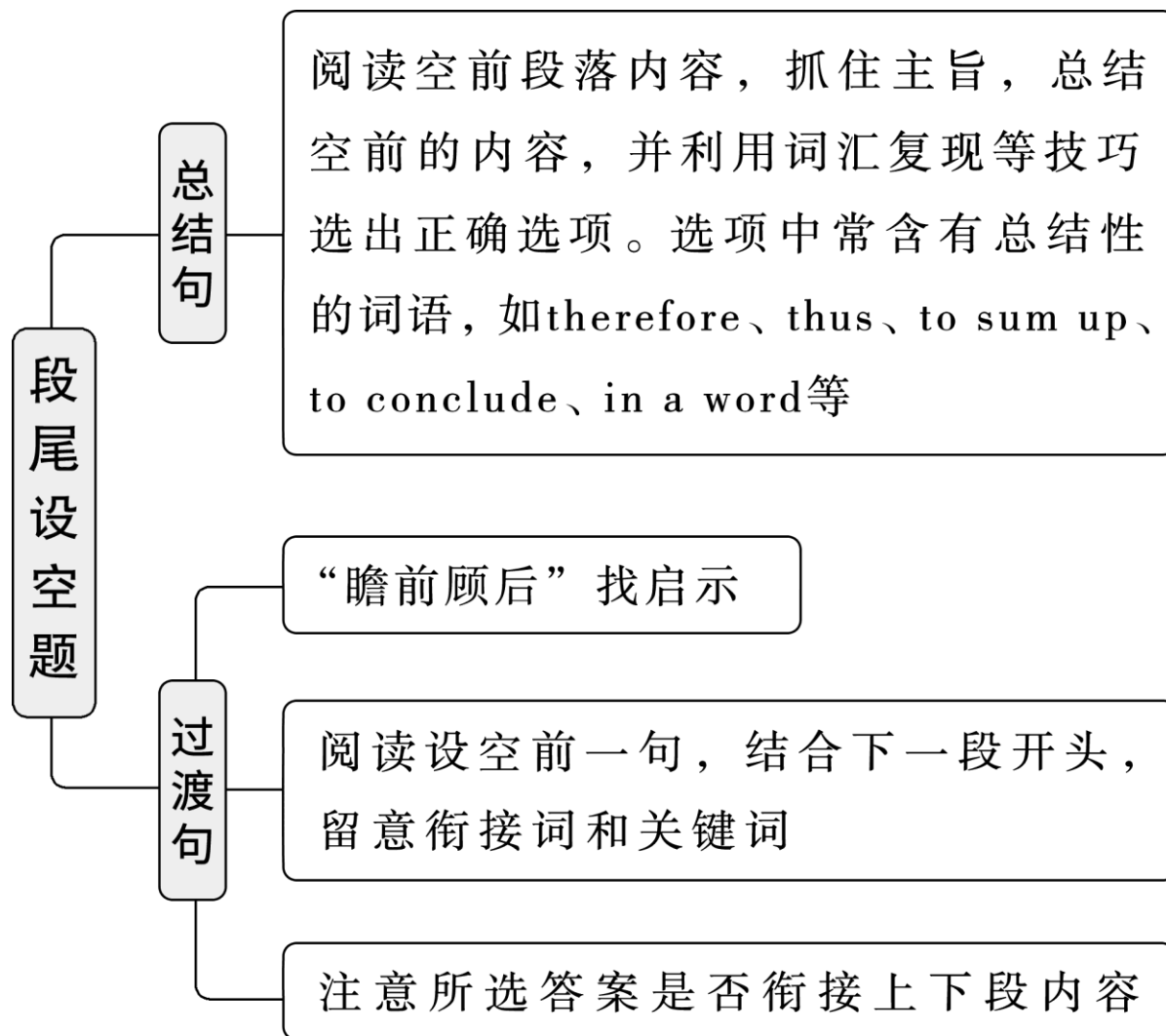
- A. Speed up.
- B. Be an active learner.
- C. Stop trying to balance time between them all.
- D. Make choices about what is meaningful in your life.
- E. The things you do well usually give you greater joy.
- F. Perhaps these tips will help you make the most of your time.
- G. This is why making lists is important in any productivity handbook.

**解析：**空前提到作者能够充分利用时间，并且感到开心和放松；下文是作者就如何高效利用时间给出的建议。由此可知，空处起承上启下的作用。

### [答题微点]

空格设在段尾，通常为结论、概括性语句。若不是结论、概括性语句，则考虑是过渡句，即通过空格把本段与下一段巧妙地衔接起来。

## [图解技巧]



02

# 模拟演练



## 课堂培优——鲜素材微考场

## Test 1

体裁	主题语境	难度
夹叙夹议文	退休后寻找自我	★★☆☆☆

**(2022·合肥高三第一次质检)**As a working mother, my years passed without time for relaxing. The kids have been out of the nest, and I have been retired. Now I could take some time for ME!

1. B. Of course, there were many possibilities. As a lifelong list maker, I did my research. There were relaxation activities like meditation (冥想), exercise, socializing...I was determined to find the one thing that truly filled my soul. And so I began my not-so-smooth journey to finding myself.



Meditation was the first to come and go. I never fully understood how to shut my mind off. I always felt like I was just waiting for it to end. Next, I tried “Teatime as Me Time.” 2. C. At first, I was very enthusiastic about this. I imagined sitting across from a dear friend, drinking elegantly from delicate cups, but that is as far as it ever went. I have the fancy tea set (never used) and a shelf full of tea packages that I will never consume. Exercise is a highly recommended me-time activity. But for me, after a week or so of training, exercise time was killing me. 3. D. So, I eventually crossed these ideas off my list.

Many other me-time experiments left me wanting less of them, not more. I felt like a failure at this me-time thing. I could spend the whole morning watching the big, fuzzy bees in my garden. In those moments, time stood still. 4. A. Taking the focus off myself was a relief. I discovered that I truly desired less emphasis on me altogether.

Maybe the experts had this me-time thing all wrong, and it had little to do with “me” or “time” as I was defining it. Perhaps we are too concerned with how we spend our time instead of enjoying the nothingness of simply being. Instead of viewing it as a hesitation between activities, we can shift our awareness into welcoming timelessness. 5. G.Witnessing simple moments of nature re-centered my soul better than anything else.

Maybe a better version of “me-time” is simply “be time”. ..or, better yet, “bee time”!

- A. Taking the focus off myself was a relief.
- B. Of course, there were many possibilities.
- C. At first, I was very enthusiastic about this.
- D. So, I eventually crossed these ideas off my list.
- E. Sitting around feeling special doesn't feel special to me.
- F. I still value all those busy years but I know I should learn to relax.
- G. Witnessing simple moments of nature re-centered my soul better than anything else.

**【解题导语】** 文章介绍了作者退休后进行的寻找自我的一些尝试和感悟。

1. **B** 解析：下文提到了一些可能做的事情。B选项中possibilities是关键词，与下文可能做的事情呼应。
2. **C** 解析：根据下文提到的作者想象的和朋友优雅畅饮的场面可知，C项中的enthusiastic与下文“作者想象喝茶场景”呼应，说明作者起初对茶时间感兴趣。
3. **D** 解析：上文提到了作者从未有过喝茶时间且对锻炼有不好的感受，说明作者不想进行这些活动，D选项与上文构成因果关系。

4. **A** 解析：上文提到了作者的压抑，A选项中relief是关键词，与上文提到的压抑情绪相呼应。
5. **G** 解析：上文提到了享受简单、转变意识等，G选项中simple moments是关键词，与上文呼应。

## Test 2

体裁	主题语境	难度
说明文	彬彬有礼让你更受青睐	★★★☆☆

(2022·安阳高三调研)People with bad manners are refused in the world of work. They do not get good jobs or promotions. Their businesses do not succeed. 1. C. People with good manners are accepted.

They are liked and supported. They have friends, luck and success. When you improve your manners, you also improve your chances of success. The following are several examples of good manners.

2. B. Be polite to everyone you meet. You will never regret

being polite, but you might regret being rude. For example, when you go on a job interview, be polite to the desk clerks as they can affect your chances of success. Use these magic words as often as possible: Hello, Please, Excuse me and Sorry, and use the two most important words: Thank you.

3. D. Use good manners in all of your communication. Examples:

Call back and email messages within 24 hours; if you receive a rude message, do not respond with rudeness, but be polite; do not interrupt people; make sure people are ready to listen to you before you start talking.



4. A. Use good manners when driving. Cutting other cars up only gains you a few seconds of time. If you are polite, patient and calm, you will arrive safely and feel more relaxed.

A good sense of humor shows good manners. 5. E. Tell jokes or humorous stories that everyone will enjoy. Before starting important conversations, meals or meetings, turn off your mobile phone. Ignoring people while you use your phone is impolite.

- A. Use good manners when driving.
- B. Be polite to everyone you meet.
- C. People with good manners are accepted.
- D. Use good manners in all of your communication.
- E. Tell jokes or humorous stories that everyone will enjoy.
- F. You should learn good manners from people around you.
- G. It is better to make a careful plan before you take action.

**【解题导语】** 在生活和工作中，彬彬有礼的人将更受青睐，更容易成功。本文介绍了礼貌的作用，并列举了在日常生活中常见的体现礼貌的例子。

1. **C** 解析：上文提到了没有礼貌的人在工作中难以成功；下文提到了他们受人欢迎，他们有朋友、有好运、能成功。由此可知，前后构成转折关系，空处说明有礼貌的人被接受，承上启下。
2. **B** 解析：根据下文中的“*For example, when you...of success.*”可知，该段主要说明了对任何人都要礼貌相待。
3. **D** 解析：根据本段内容可知，该段主要说明了在各种交流活动中都要注意礼貌，包括及时回电话和回复邮件、不中断别人等。

4. A 解析：根据本段内容可知，不要突然超车，要保持礼貌、有耐心和冷静；由此可知，空处说明驾车时要注意礼貌。

5. E 解析：根据上文可知，良好的幽默感能够体现礼貌；由此可知，空处是对这一观点的进一步说明，即讲笑话或讲幽默故事是展现礼貌的方式之一。

**感谢聆听**