



phone → mobile phone → **smart**phone

1. Do you have a smartphone?

2. What do you often do on your smartphone?

3. How long do you use your smartphone in a day?

4. Can you live without a smartphone for a week? Why or why not?

functions





Unit 3

Extended reading

Smartphone: a smart choice?

Smartphone: a smart choice?



Alan

Pun(双关)



01

Fast reading

- 1 Find the topic sentence of each paragraph.
- 2 How many parts can this blog be divided into?
What are they?



Reading & Answering

Analyze the structure

Beginning

Body

Ending





Analyze the structure

Beginning



1 I was a smartphone addict...

2 Then the day came when I finally realized I had to make a change...

Body



3 The first day was the hardest...

4 Then I began to feel free.

5 My offline relationships benefited as well.

Ending



6 By the end of the week ... Life beyond smartphone is richer and more beautiful.

time



02

Detailed reading

- 1 Before Alan stopped using his smartphone
(paras. 1-2)**
- 2 While Alan stopped using his smartphone
(paras. 3-5)**

Before he stopped using his smartphone

A smartphone addict.



What was Alan's life like? Make a list of the facts.

Fact 1

My eyes were glued to the little screen all the time.

Fact 2

The first thing I did when I woke up in the morning was reach for it.

Fact 3

I always asked for Wi-Fi connections when I went to a new restaurant or coffee shop.

Fact 4

A dead battery would make me feel stressed.



Detailed reading : Part 1 paras. 1-2

I was a smartphone addict. My eyes were glued to the little screen whenever I walked down the street, had dinner with friends or lay in bed at night. The first thing I did when I woke up in the morning was reach for my phone. I always asked for Wi-Fi connections when I went to a new coffee shop. A smartphone would make me feel comfortable. I had the feeling that this little machine had taken up too much of my time, and that I could have done something more meaningful than just looking at a tiny screen all day. Sliding into the habit was easy, but it was difficult to quit the habit.

uncomfortable stressed

Then the day came when I finally realized I had to make a change. Head down, eyes on my smartphone, I stepped into the road and a car shot past, nearly knocking me off my feet! At that very moment, I made up my mind to spend a whole week without my smartphone.

Alan's
feelings ?



Read Paras. 1~2 and choose the best answer.

1. What does the phrase “smartphone addict” mean in the first paragraph?

A. A person who is unable to stop taking harmful drugs

😊. A person who spends a lot of time on playing smartphone.

C. A person who is interested in developing smartphone.



2. What makes the writer decide to make a change?

😊. That he was nearly knocked over by a car.

B. That he was too busy to play smartphone.

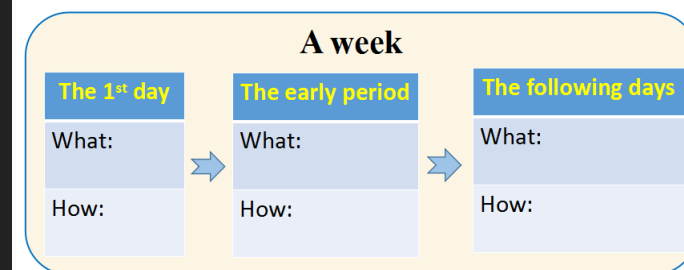
C. That his smartphone was broken.





Viewing & Thinking

Part 2 (para.3-5)



(Circle the key words)

After he stopped using his smartphone (paras. 3-6)

Para. 3 The first day was the hardest.

I did not know what to do with myself.	Feeling <u>lost</u>
I kept reaching for my pocket, for my smartphone that was not there.	Feeling <u>anxious</u>
The empty hours stretched out in front of me.	Feeling <u>disconnected</u>

It is difficult to walk out of the comfort zone.

02

Para.4: What did he do after he stopped using his smartphone?



**appreciate the beauty
in life with my own eye**

Feel free



Para.5 Why does the author say his offline relationships benefited?

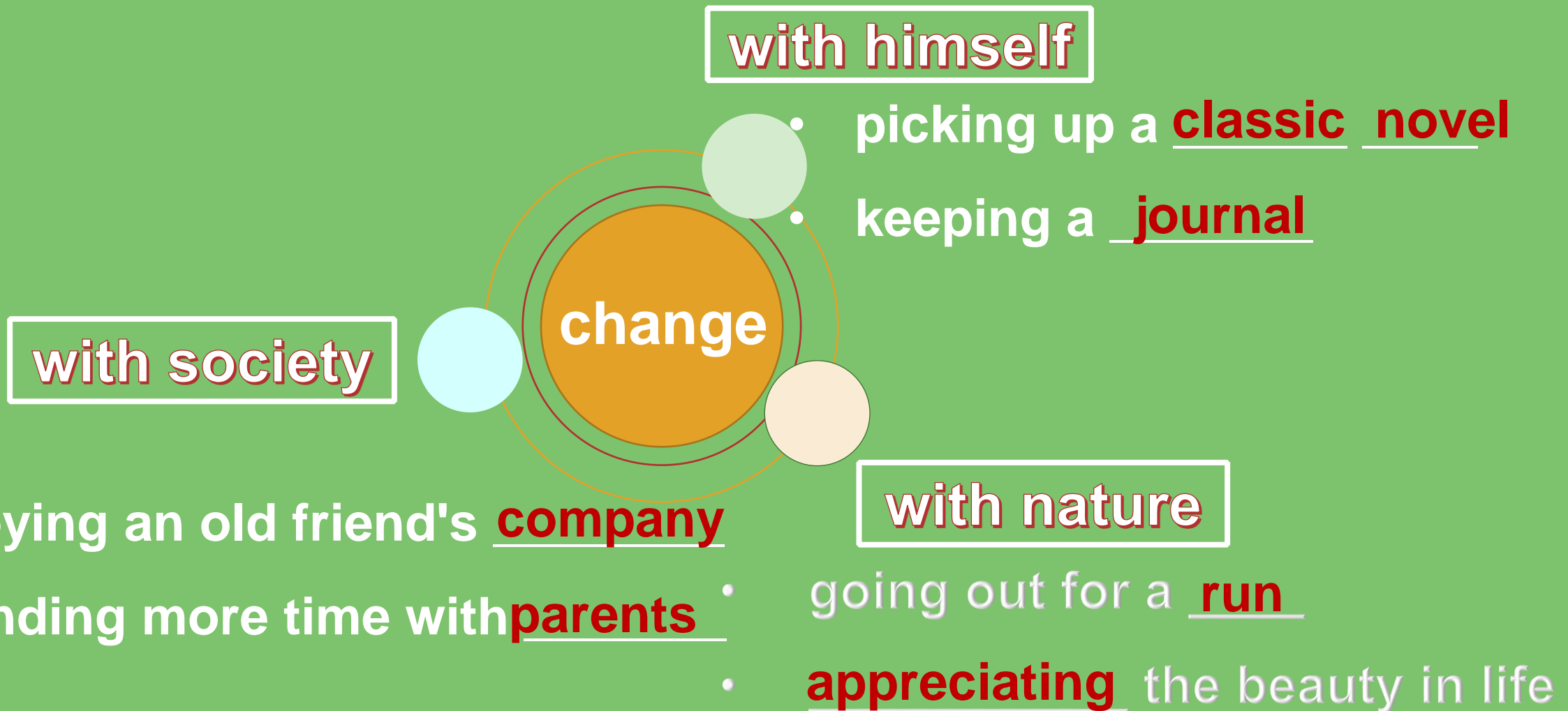


I went for a long walk with an old friend.

I made sure to spend more time with my parents.

Feel happy and closer to each other

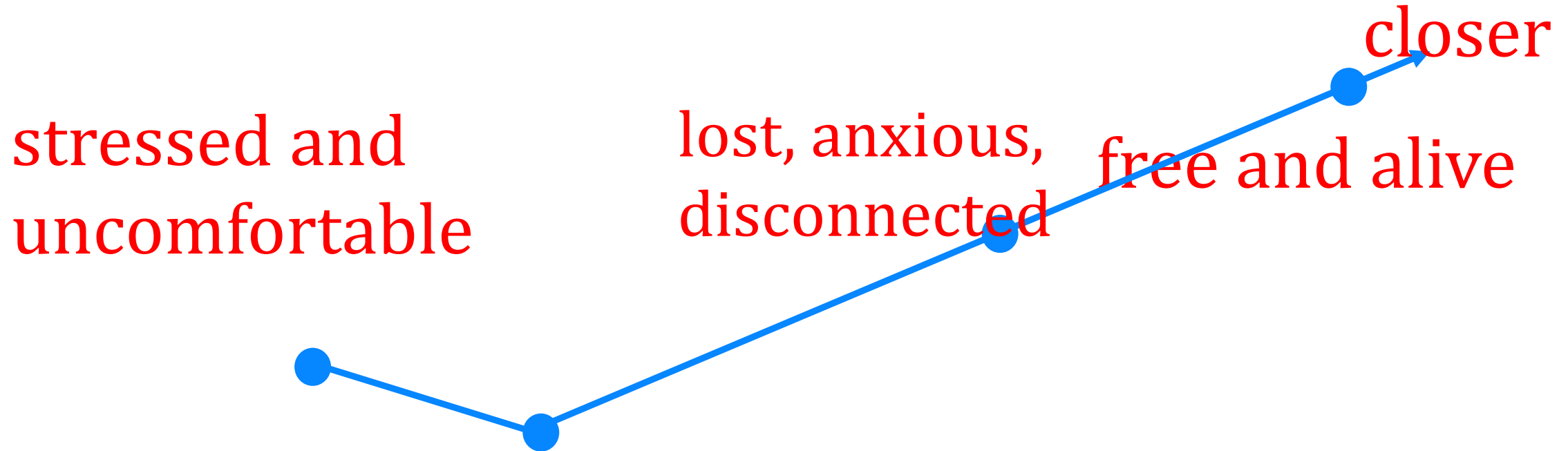
➤ Alan's change





Detailed-reading: Part 2

Draw the changes of Alan's feelings about smartphone



Part 3: Conclusion



1. What was the result of Alan's quitting the smartphone?

1. Alan almost did not want to turn his phone back on...
2. Real life and real relationship are more important to me now;
3. He feels life beyond smartphone is richer and more beautiful.

03

Post reading--

Discussion

How do you understand the title of this blog

“ *Smartphone: a smart choice ?* ”

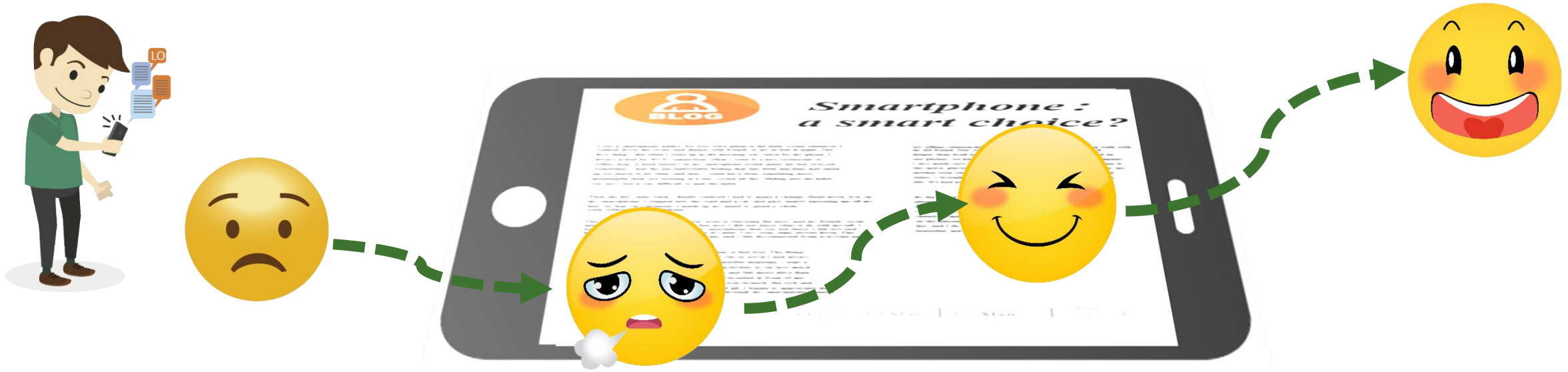
Useful expressions

Smartphone can be a **smart** choice, because there are many **advantages**. For example,.....

Smartphone can't be a **smart** choice, because there are many **disadvantages**.

Critical thinking & Composing

Smartphone: a **smart** choice ?



We should use the smartphone in a smart way!

Further Reading

1. Which of the following is this text probably taken from?

A. A research paper.

B. A guide book.

C. A biography.

☒ D. A website.

2. What type of writing is the text?

☒ A. Narrative writing.

B. Argumentative writing.

C. Expository writing.

D. Practical writing.

3. How is the passage developed?

A. By giving examples.

☒ B. By making comparisons.

C. By following time order.

D. By making classifications.

- | | |
|--|---------------|
| 1.(L1) be glued to | 1.盯着；全神贯注地看 |
| 2.(L3) reach for | 2.伸手去拿 |
| 3.(L5) a dead battery | 3.电池没电 |
| 4.(L6) take up | 4.占据（时间、空间） |
| 5.(L7) could have done | 5.本可以做（却没做） |
| 6.(L8) slide into the habit (of doing) | 6.（不知不觉）养成坏习惯 |
| 7.(L8) quit the habit | 7.戒掉这个习惯 |
| 8.(L10) shoot past | 8.飞驰而过 |
| 9.(L10) knock sb. off one's feet | 9.撞倒某人 |
| 10.(L11) make up one's mind to do | 10.下定决心去做某事 |
| 11.(L13) be used to doing | 11.习惯于做某事 |
| 12.(L13) social media | 12.社交媒体 |
| 13.(L16) as if/as though | 13.似乎，好像 |

14.(L17) stretch out	14.伸展, 延伸
15.(L17) feel/be disconnected from	15.感到与...断了联系
16.(L20) pick up	16.捡起;(接/搭载)某人;(偶然)学会...
17.(L20) be lost in	17.沉浸于...
18.(L21) keep a journal of	18.记日记
19.(L29) keep sb's company	19.陪伴某人
20.(L32) up to date with sth.	20.紧跟/了解最新情况
21.(L37) cut back on	21.削减
22.(L39) take advantage of	22.利用=make use of

1.(L8) **Sliding into the habit** was easy, but it was difficult to **quit** the habit.

独立主格

2.(L9) Head down, eyes on my smartphone, I stepped into the road and a car shot past, nearly **knocking me off my feet**. 结果状语

3.(L15) I felt lost and anxious, **as if** I had missed something of value.

4.(L29) With eyes no longer fixed on our phones, we had a chance to really **enjoy each other's company**.

5.(L32) I brought them **up to date** with what was going on in my life.



Thank you